

Funky Fun in the Sun

Counts	Lyrics	Choreography
1-8	<i>Intro</i>	Hands on knees bounce 8 times
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1-8	<i>Hey kids, what do ya know? It's summertime and we're ready to go</i>	Feet out wide - arms up in the air - wave RLRLRLRL
1-8	<i>Can you reach up and touch the sun? Can you wave your arms right, left, and done!</i>	Feet out wide - arms up in the air - wave RLRLRLRL
1-8	<i>Hey friends feel the beat, let the sunshine flow from your head to your feet</i>	Arms up - wave them down to the ground (1-4) Jump out to feet wide - hands on hips - head nods 4 times
1-8	<i>Jump jump put hands on your hips, let's get a hula hoop in the mix</i>	Arms up - wave them down to the ground (1-4) Jump out to feet wide - hands on hips - head nods 4 times
1-8	<i>Swing it around to the right Swing it around to the left</i>	Hula hoop hips to the right and then pop hip right Hula hoop hips to the left and then pop hip left
1-8	<i>Swing it around to the right Come on friends, we're feeling alright</i>	Hula hoop hips to the right and then pop hip right Feet together - bounce 4 times
1-8	<i>Feeling funky, feeling fun,</i>	Spin to the right - arms up in a V
1-8	<i>So refreshing, dance in the sun</i>	Spin to the left - arms up in a V
1-8	<i>Spin around and jump front then back</i>	Jump forward Jump back Shimmy forward and back
1-8	<i>Shimmy those shoulders you're right on track</i>	Jump forward Jump back Shimmy forward and back
1-8	<i>interlude</i>	March RLRL Strike a pose (5-8)
1-8	<i>(right on track!)</i>	March RLRL Strike a pose (5-8)
1-8	<i>Hey kids lookin' good, wave your hands in the air like you know you should</i>	Feet out wide - arms up in the air - wave RLRLRLRL
1-8	<i>Can you reach down and touch the sand? Can you wiggle your body like a rubber band?</i>	Feet out wide - arms up in the air - wave RLRLRLRL

1-8	<i>Hey friends jump up and down, wave your hands like the wind down to the ground</i>	Arms up - wave them down to the ground (1-4) Jump out to feet wide - hands on hips - head nods 4 times
1-8	<i>Stand up, put your hands on your hips, let's get a hula hoop in the mix</i>	Arms up - wave them down to the ground (1-4) Jump out to feet wide - hands on hips - head nods 4 times
1-8	<i>Swing it around to the right Swing it around to the left</i>	Hula hoop hips to the right and then pop hip right Hula hoop hips to the left and then pop hip left
1-8	<i>Swing it around to the right Come on friends we're feeling alright</i>	Hula hoop hips to the right and then pop hip right Feet together - bounce 4 times
1-8	<i>Feeling funky, feeling fun,</i>	Spin to the right - arms up in a V
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1-8	<i>Spin around and jump front then back</i>	Jump forward Jump back Shimmy forward and back
1-8	<i>Shimmy those shoulders you're right on track</i>	Jump forward Jump back Shimmy forward and back
1-8	<i>Hey! Go crazy! Put your hands on your knees and bounce</i>	Lean right - hands on knee - bounce 2 times Lean left - hands on knee - bounce 2 times Lean right - hands on knee - bounce 2 times Lean left - hands on knee - bounce 2 times
1-8	<i>Hey! Go crazy! Let me see you bounce bounce!</i>	Lean right - hands on knee - bounce 2 times Lean left - hands on knee - bounce 2 times Lean right - hands on knee - bounce 2 times Lean left - hands on knee - bounce 2 times
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1-8	<i>Feeling funky, feeling fun,</i>	Spin to the right - arms up in a V
1-8	<i>So refreshing, dance in the sun</i>	Spin to the left - arms up in a V
1-8	<i>Spin around and jump front then back</i>	Jump forward Jump back Shimmy forward and back

1-8	<i>Shimmy those shoulders you're right on track</i>	Jump forward Jump back Shimmy forward and back
1-8	<i>(right on track!)</i>	March RLRL Strike a pose (5-8)
1-8	<i>Hey!</i>	March RLRL Strike a pose (5-8)