

Jammin' in my Jammies

Counts	Lyrics	Choreography
1-8	<i>Grab your pillow, shake it out</i>	Start crouching on the floor holding a pillow - shake it up to waist high
1-8	<i>Shake it up up and shake it down down</i>	Keep shaking the pillow up until it is above the head
1-8	<i>In our jammies, through the night</i>	Shake pillow RLRL
1-8	<i>We're gonna dance dance and have a good time</i>	Shake pillow RLRL
1-8	<i>(I'm already having a GREAT time!)</i>	Freeze!
1-8	<i>Grab your pillow, put it on the ground</i>	Put pillow on the ground
1-8	<i>It's nice and soft so we're gonna lay down</i>	Lay down with your head on the pillow - feet up in the air
1-8	<i>I got the wiggles, so do you</i>	Kick legs RLRL
1-8	<i>We shake our arms and our legs and our shoes</i>	Kick legs RLRL
1-8	<i>(You wear shoes with jammies? That's silly!)</i>	Get up off of the floor
1-8	<i>We're gonna party, it's a pillow party</i>	Step to the left - left arm down - right arm up Step to the right - right arm down - left arm up
1-8	<i>I'm jammin' in my jammies, jammin' in my jammies with you</i>	Step to the left - roll arms - step together and clap Step to the right - roll arms - step together and clap
1-8	<i>We're gonna party, it's a pillow party</i>	Step to the left - left arm down - right arm up Step to the right - right arm down - left arm up
1-8	<i>I'm jammin' in my jammies, jammin' in my jammies with you</i>	Step to the left - roll arms - step together and clap Step to the right - roll arms - step together and clap Point out on "you"
1-8		Grab your pillow
1-8		Fluff it out and crouch down
1-8	<i>Grab your pillow, shake it out</i>	Start crouching on the floor holding a pillow -

		shake it up to waist high
1-8	<i>Shake it up up and shake it down down</i>	Keep shaking the pillow up until it is above the head
1-8	<i>In our jammies, through the night</i>	Shake pillow RLRL
1-8	<i>We're gonna dance dance and have a good time</i>	Shake pillow RLRL
1-8	<i>(Good freeze!)</i>	Freeze
1-8	<i>Grab your pillow, give it a squeeze</i>	Give your pillow a hug
1-8	<i>Spin around and get ready to freeze!</i>	Spin around 2 times
1-8	<i>(Ooo, that was a tricky one!)</i>	
1-8	<i>I got the giggles, so do you</i>	Pillow fight
1-8	<i>Let's shake it out and you know what we'll do!</i>	Pillow fight then put pillow on the ground
1-8	<i>We're gonna party, it's a pillow party</i>	Step to the left - left arm down - right arm up Step to the right - right arm down - left arm up
1-8	<i>I'm jammin' in my jammies, jammin' in my jammies with you</i>	Step to the left - roll arms - step together and clap Step to the right - roll arms - step together and clap
1-8	<i>We're gonna party, it's a pillow party</i>	Step to the left - left arm down - right arm up Step to the right - right arm down - left arm up
1-8	<i>I'm jammin' in my jammies, jammin' in my jammies with you</i>	Step to the left - roll arms - step together and clap Step to the right - roll arms - step together and clap Point out on "you"
1-8	<i>I wanna see your best dance moves tonight</i>	"Pulp Fiction" to the right and then to the left (fingers start by the eyes as an inward V and move out until the arm is extended)
1-8	<i>I wanna see you jammin' in your jammies, jammin' in your jammies</i>	Arms up - elbows bent - hands flexed Push up RLR sit in Left hip Push up LRL sit in Right hip Push up RLR sit in Left hip Push up LRL sit in Right hip
1-8	<i>I wanna see your best dance moves, oh yeah!</i>	"Pulp Fiction" to the right and then to the left (fingers start by the eyes as an inward V and move out until the arm is extended)
1-8	<i>I wanna see you jammin' in your jammies, jammin' in your jammies tonight</i>	Pillow fight

