



Goodnight Giggles

Counts	Lyrics	Choreography
1-8	<i>Music intro</i>	Feet wide - hands on hips - shake hips RLRLRLRL
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1-8	<i>Giggle rub your belly pat your head now</i>	Both hands Rub your belly
1-8	<i>Giggle rub your belly pat your head</i>	Both hands Pat your head
1-8	<i>Giggle rub your belly pat your head now</i>	Right hand Rub your belly and Left hand pat your head
1-8	<i>Then shh tip toe, cause it's time to go to bed!</i>	Walk forward and pointer finger to lips "shhhh" Tip toe backwards
1-8	<i>Giggle rub your belly pat your head now</i>	Both hands Rub your belly
1-8	<i>Giggle rub your belly pat your head</i>	Both hands Pat your head
1-8	<i>Giggle rub your belly pat your head now</i>	Right hand Rub your belly and left hand pat your head
1-8	<i>Then shh tip toe, cause it's time to go to bed!</i>	Walk forward and pointer finger to lips "shhhh" Tip toe backwards
1-8	<i>Oh march to your bed like a bunny</i>	Slow march RLRL
1-8	<i>would do Hop hop hop</i>	March RL Hop 3 times
1-8	<i>Oh reach for the stars</i>	Reach arms out and up - reach up to the sky and stretch
1-8	<i>and I'll reach with you Now bring them to your toes</i>	Keep reaching to the sky (1-4) Bend over at hips to touch toes (5-8)

1-8	<i>Music interlude</i>	Reach arms out and bring them in to hug yourself
1-8	<i>Music interlude</i>	Twist your hug RLRL
1-8	<i>Music interlude</i>	Twist your hug RLRL
1-8	<i>Music interlude</i>	Reach arms out - get ready to start again
1-8	<i>Giggle rub your belly pat your head now</i>	Both hands Rub your belly
1-8	<i>Giggle rub your belly pat your head</i>	Both hands Pat your head
1-8	<i>Giggle rub your belly pat your head now</i>	Right hand Rub your belly and Left hand pat your head
1-8	<i>Then shh tip toe, cause it's time to go to bed!</i>	Walk forward and pointer finger to lips "shhhh" Tip toe backwards
1-8	<i>Giggle rub your belly pat your head now</i>	Both hands Rub your belly
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1-8	<i>Then shh tip toe, cause it's time to go to bed!</i>	Walk forward and pointer finger to lips "shhhh" Tip toe backwards
1-8	<i>Oh march to your bed like a bunny</i>	Slow march RLRL
1-8	<i>would do Hop hop hop</i>	March RL Hop 3 times
1-8	<i>Oh reach for the stars</i>	Reach arms out and up - reach up to the sky and stretch
1-8	<i>and I'll reach with you Now bring them to your toes</i>	Keep reaching to the sky (1-4) Bend over at hips to touch toes (5-8)
1-8	<i>Music interlude</i>	Reach arms out and bring them in to hug yourself
1-8	<i>Music interlude</i>	Twist your hug RLRL
1-8	<i>Music interlude</i>	Twist your hug RLRL
1-8	<i>Music interlude</i>	Reach arms out
1-8	<i>Now its really time for bed, so go and lie down</i>	Pointer finger to mouth - Shhhh!!!
1-8	<i>Now its really time, its really time for bed</i>	Foot in curtsy - hands together at ear - lean in and close eyes like you are sleeping

1-8	<i>One more giggle rub your belly pat your head now</i>	Rub your belly Pat your head
1-8	<i>shhh, tip toe cause we're coming to the end!</i>	Pointer finger to mouth - Shhhh!!! Tip toe back 4 times
1-8	<i>Music exit</i>	Tip toe 4 times
1-8	<i>Music exit</i>	Tip toe 4 times