



Animal Freeze

Counts	Lyrics	Choreography
1-8	<i>Introduction</i>	Bounce 1-8
1-8	<i>If you could be any animal, what would you be? Freeze!</i>	Point front (1-4) Arms out to sides - elbows bent - palms up (5-7) Freeze pose on 8
1-8	<i>I would swing like monkey from the branches of a tree</i>	Hold the freeze pose (1-8)
1-8	<i>Whoa! Let me see you swing.</i>	Swing arms together RLRL
1-8	<i>Whoa! Lookin' good, monkeys!</i>	Swing arms together RLRL
1-8	<i>If you could move like any animal, how would you move? Freeze!</i>	Point front (1-4) Arms out to sides - elbows bent - palms up (5-7) Freeze pose on 8
1-8	<i>I would stomp like an elephant, in the heat of the afternoon</i>	Hold the freeze pose (1-8)
1-8	<i>Whoa! You got some big feet!</i>	Moving forward - Stomp RLRL
1-8	<i>Whoa, swing that long trunk!</i>	Moving backwards - Stomp RLRL
1-8	<i>If you could play like any animal, how would you play? Freeze!</i>	Point front (1-4) Arms out to sides - elbows bent - palms up (5-7) Freeze pose on 8
1-8	<i>I would fly like a butterfly and flap my wings all day</i>	Hold the freeze pose (1-8)
1-8	<i>Whoa! Let me see you fly.</i>	Flap your wings and fly around like a butterfly
1-8	<i>Whoa, you're flying so high!</i>	Flap your wings and fly around like a butterfly
1-8	<i>It's fun to change the way we move and dance like animals in the groove!</i>	Arms up in the air - wave them RLRL Arms down - swing them RLRL
1-8	<i>Let's have an animal party, yeah</i>	Shake shoulders - arms by hips- elbows in, fists out

		Step Left foot front - tap Right foot (1-2) Step Right foot back - tap Left foot (3-4) Step Left foot front - tap Right foot (5-6) Step Right foot back - tap Left foot (7-8)
1-8	<i>Some move fast and some move slow</i>	Fast feet run LRLRLRLR (1-4) Slow - March forward L (5-6) then R (7-8)
1-8	<i>I wanna see you animals dance</i>	Shake shoulders - arms by hips- elbows in, fists out Step Right foot front - tap Left foot (1-2) Step Left foot back - tap Right foot (3-4) Step Right foot front - tap Left foot (5-6) Step Left foot back - tap Right foot (7-8)
1-8	<i>And make some noise, that's how we roll!</i>	Step L and jump together clap (1-2) Step R and jump together clap (3-4) Step L and jump together clap (5-6) Step R and jump together clap (7-8)
1-8	<i>Interlude</i>	Feet together - bounce (1-8)
1-8	<i>If you could be any animal, what would you be? Freeze!</i>	Point front (1-4) Arms out to sides - elbows bent - palms up (5-7) Freeze pose on 8
1-8	<i>I would swim like a dolphin in the deep blue sea</i>	Hold the freeze pose (1-8)
1-8	<i>Whoa! Let me see you swim.</i>	Swim! Right arm and wrist wave up and down (1-4) Left arm and wrist wave up and down (5-8)
1-8	<i>Whoa! Smooth!</i>	Swim! Right arm and wrist wave up and down (1-4) Left arm and wrist wave up and down (5-8)
1-8	<i>If you could move like any animal, how would you move? Freeze!</i>	Point front (1-4) Arms out to sides - elbows bent - palms up (5-7) Freeze pose on 8
1-8	<i>I would chomp like an alligator, gulping down my food</i>	Hold the freeze pose (1-8)
1-8	<i>Whoa, show me those big teeth!</i>	Stomp R - Big straight arms chomp 2 times (1-4) Stomp L - Big straight arms chomp 2 times (5-8)
1-8	<i>Whoa, oh they're so pointy!</i>	Stomp R - Big straight arms chomp 2 times (1-4) Stomp L - Big straight arms chomp 2 times (5-8)
1-8	<i>If you could play like any animal, how would you play? Freeze!</i>	Point front (1-4) Arms out to sides - elbows bent - palms up (5-7) Freeze pose on 8
1-8	<i>I would bounce like a kangaroo, hopping all the way</i>	Hold the freeze pose (1-8)

1-8	<i>Whoa, let me see you bounce bounce.</i>	Hop 2 times on the Right foot Hop 2 times on the Left foot Hop 2 times on the Right foot Hop 2 times on the Left foot
1-8	<i>Whoa, you can leap really far!</i>	Hop 2 times on the Right foot Hop 2 times on the Left foot Hop 2 times on the Right foot Hop 2 times on the Left foot
1-8	<i>It's fun to change the way we move and dance like animals in the groove!</i>	Arms up in the air - wave them RLRL Arms down - swing them RLRL
1-8	<i>Let's have an animal party, yeah</i>	Shake shoulders - arms by hips- elbows in, fists out Step Left foot front - tap Right foot (1-2) Step Right foot back - tap Left foot (3-4) Step Left foot front - tap Right foot (5-6) Step Right foot back - tap Left foot (7-8)
1-8	<i>Some move fast and some move slow</i>	Fast feet run LRLRLRLR (1-4) Slow - March forward L (5-6) then R (7-8)
1-8	<i>I wanna see you animals dance</i>	Shake shoulders - arms by hips- elbows in, fists out Step Right foot front - tap Left foot (1-2) Step Left foot back - tap Right foot (3-4) Step Right foot front - tap Left foot (5-6) Step Left foot back - tap Right foot (7-8)
1-8	<i>And make some noise, that's how we roll!</i>	Step L and jump together clap (1-2) Step R and jump together clap (3-4) Step L and jump together clap (5-6) Step R and jump together clap (7-8)
1-8	<i>Woah!</i>	Feet together - bounce (1-8)
1-8	<i>That's how we roll! Yeah!</i>	Step L and jump together clap (1-2) Step R and jump together clap (3-4) Step L and jump together clap (5-6) Step R and jump together clap (7-8) Big finish! High Five!