



## Handshake Hop

| Counts | Lyrics                                                                              | Choreography                                                                                                                      |
|--------|-------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|
| 1-4    | <i>Music Intro</i>                                                                  | Face your partner                                                                                                                 |
| 1-8    | <i>Shake shake those hands</i>                                                      | Shake right hands (1-4)<br>Shake left hands (5-8)                                                                                 |
| 1-8    | <i>Jump up and land</i>                                                             | Squat down - jump up arms in air (1-4)<br>Squat down - jump up arms in air (5-8)                                                  |
| 1-8    | <i>Give a friend high-five</i>                                                      | Give each other a high ten (both hands) then slap thighs (1-4)<br>Give each other a high five (both hands) then slap thighs (5-8) |
| 1-8    | <i>Now we understand</i>                                                            | Nod 4 times (1-4)<br>Point both hands front and nod 4 times (5-8)                                                                 |
| 1-8    | <i>Come on back, get ready to jive, the handshake hop makes you come alive</i>      | Hook arms at elbows and march around to switch spots                                                                              |
| 1-4    | <i>Music interlude</i>                                                              | March in place RLRL                                                                                                               |
| 1-8    | <i>Nice to meet you let me shake your hand</i>                                      | Shake right hands (1-4)<br>Shake left hands (5-8)                                                                                 |
| 1-8    | <i>Jump up and down when you hear this jam</i>                                      | Squat down - jump up arms in air (1-4)<br>Squat down - jump up arms in air (5-8)                                                  |
| 1-8    | <i>Back it up and gimme five</i>                                                    | Back up RLRL<br>Air high five (both hands) 2 times                                                                                |
| 1-8    | <i>Let's fist bump see the fireworks fly</i>                                        | Both hands fist bump 2 times (1-4)<br>Jazz hands - both hands circle up and out (5-8)                                             |
| 1-8    | <i>Come on back, get ready to roll, it's the handshake hop feel it in your soul</i> | March back together RLRL (1-4)<br>High five with both hands and then put hands over heart (5-8)                                   |
| 1-8    | <i>Bump your elbow to the right, bump your elbow to the left</i>                    | Bump right elbows 2 times (1-4)<br>Bump left elbows 2 times (5-8)                                                                 |
| 1-8    | <i>Wash that window see the light wash that window do your best</i>                 | Use back hand - circle out 2 times (1-4)<br>Use front hand - circle out 2 times (5-8)                                             |

|     |                                                                                   |                                                                                                                                   |
|-----|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------|
| 1-8 | <i>It's the handshake hop, put your handshake to the test</i>                     | March back RLRL<br>March forward RLRL                                                                                             |
| 1-8 | <i>Music interlude</i>                                                            | Hook arms at elbows and march around to switch spots                                                                              |
| 1-8 |                                                                                   | March in place RLRL                                                                                                               |
| 1-8 | <i>Nice to see you lemme shake your hand</i>                                      | Shake right hands (1-4)<br>Shake left hands (5-8)                                                                                 |
| 1-8 | <i>Jump so high to the beat of this jam</i>                                       | Squat down - jump up arms in air (1-4)<br>Squat down - jump up arms in air (5-8)                                                  |
| 1-8 | <i>Gimme a high five in the air</i>                                               | Give each other a high ten (both hands) then slap thighs (1-4)<br>Give each other a high five (both hands) then slap thighs (5-8) |
| 1-8 | <i>Now fist bump like we just don't care (pow!)</i>                               | Both hands fist bump 2 times (1-4)<br>Jazz hands - both hands circle up and out (5-8)                                             |
| 1-8 | <i>Come on back get ready to go, it's the handshake hop and we're in the flow</i> | March back RLRL<br>March forward RLRL                                                                                             |
| 1-8 | <i>Bump your elbow to the right, bump your elbow to the left</i>                  | Bump right elbows 2 times (1-4)<br>Bump left elbows 2 times (5-8)                                                                 |
| 1-8 | <i>Wash that window see the light wash that window do your best</i>               | Use back hand - circle out 2 times (1-4)<br>Use front hand - circle out 2 times (5-8)                                             |
| 1-8 | <i>It's the handshake hop, put your handshake to the test</i>                     | March back RLRL<br>March forward RLRL                                                                                             |
| 1-8 | <i>Music interlude</i>                                                            | March RLRLRLRL                                                                                                                    |
| 1-8 | <i>Shake shake those hands</i>                                                    | Shake right hands (1-4)<br>Shake left hands (5-8)                                                                                 |
| 1-8 | <i>Jump up and land</i>                                                           | Squat down - jump up arms in air (1-4)<br>Squat down - jump up arms in air (5-8)                                                  |
| 1-8 | <i>Give a friend high-five</i>                                                    | Give each other a high ten (both hands) then slap thighs (1-4)<br>Give each other a high five (both hands) then slap thighs (5-8) |
| 1-8 | <i>Now we understand</i>                                                          | Nod 4 times (1-4)<br>Point both hands front and nod 4 times (5-8)                                                                 |
| 1-8 | <i>Come on back, get ready to jive, the handshake hop makes you come alive</i>    | March back RLRL<br>March forward RLRL                                                                                             |
| 1-8 | <i>Music exit</i>                                                                 | Nod at each other and big pose!                                                                                                   |