



## Pizza Palooza

| Counts | Lyrics                                                         | Choreography                                                                    |
|--------|----------------------------------------------------------------|---------------------------------------------------------------------------------|
| 1-8    | <i>Music Intro</i>                                             | March in place RLRLRLRL                                                         |
| 1-8    | <i>Are you ready to make a pizza?! Let's go!</i>               | March in place RLRLRLRL                                                         |
| 1-8    | <i>Stand up tall and reach up high</i>                         | Stand up tall and reach up with right arm                                       |
| 1-8    | <i>Let's get what we need to make pizza pie</i>                | Reach up with left arm                                                          |
| 1-8    | <i>Reach up with your right, reach up with your left</i>       | Reach up with right arm (1-4)<br>Reach up with left arm (5-8)                   |
| 1-8    | <i>One more time, yeah do it again</i>                         | Reach up with right arm (1-4)<br>Reach up with left arm (5-8)                   |
| 1-8    | <i>Now grab the ingredients, bring them down to the ground</i> | Hold hands at shoulders - elbows down (1-4)<br>Touch toes (5-8)                 |
| 1-8    | <i>Grab the ingredients bring them down down down</i>          | Hold hands at shoulders - elbows down (1-4)<br>Touch toes (5-8)                 |
| 1-8    | <i>Now sit and stretch your left leg out</i>                   | Sit (1-4) Stretch left leg out (5-8)                                            |
| 1-8    | <i>That's it! Now stretch your right leg out</i>               | Hold (1-4) Stretch right leg out (5-8) so you are sitting in a straddle         |
| 1-8    | <i>Grab your pizza dough and roll it out flat</i>              | Hold arms like you are holding a ball - nod 2 times                             |
| 1-8    | <i>With your legs stretched out roll it just like that</i>     | Hold arms like you are holding a ball - nod 4 times                             |
| 1-8    | <i>Roll it out right UH HUH UH HUH</i>                         | Slide arms out over right leg and back (1-4)<br>Hold (5-6)<br>Clap (7) Clap (8) |
| 1-8    | <i>Roll it out left UH HUH UH HUH</i>                          | Slide arms out over left leg and back (1-4)<br>Hold (5-6)<br>Clap (7) Clap (8)  |
| 1-8    | <i>Now here we, here we go, here we here we go go!</i>         | Get up from the ground                                                          |

|     |                                                       |                                                                                                                                            |
|-----|-------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------|
| 1-8 | <i>It's a pizza palooza<br/>Shimmy shimmy!</i>        | Shimmy front and back                                                                                                                      |
| 1-8 | <i>It's a pizza palooza<br/>Wiggle your knees</i>     | Wiggle knees in and out                                                                                                                    |
| 1-8 | <i>It's a pizza palooza<br/>Shake your hips</i>       | Shake your hips right and left                                                                                                             |
| 1-8 | <i>Move your feet to the funky pizza beat</i>         | Shake hips 4 counts - tap right foot out front and tap left foot out front                                                                 |
| 1-8 | <i>Music interlude</i>                                | March RLRLRLRL                                                                                                                             |
| 1-8 | <i>And now It's time to decorate our pizza!</i>       | March RLRLRLRL                                                                                                                             |
| 1-8 | <i>Pour on the sauce, sprinkle the cheese</i>         | Hold arms like holding a ball (1-4)<br>Right forearm lifts - hold your ingredient (5-6)<br>Left forearm lifts - hold your ingredient (7-8) |
| 1-8 | <i>Pepperoni or pineapple any topping you please</i>  | Pound right fist down (1-2) left fist (3-4) right fist (5-6) left fist (7-8)                                                               |
| 1-8 | <i>Now we're ready to cook so stand up straight</i>   | Pound right fist down (1-2) left fist (3-4) right fist (5-6) left fist (7-8)                                                               |
| 1-8 | <i>Put that pizza in the oven and let's celebrate</i> | Stand up straight (1-4)<br>Push hands out front to arms straight (5-8)                                                                     |
| 1-8 | <i>But WHAT?! We have to wait? ----</i>               | Open arms and put them at your shoulders                                                                                                   |
| 1-8 | <i>Let's raise the roof and count to 8!</i>           | Get ready to jump                                                                                                                          |
| 1-8 | 1 2 3 4                                               | Jump 4 times pushing arms up to ceiling - on the numbers                                                                                   |
| 1-8 | 5 6 7 8                                               | Jump 4 times pushing arms up to ceiling - on the numbers                                                                                   |
| 1-8 | <i>It's a pizza palooza<br/>Shimmy shimmy!</i>        | Shimmy front and back                                                                                                                      |
| 1-8 | <i>It's a pizza palooza<br/>Wiggle your knees</i>     | Wiggle knees in and out                                                                                                                    |
| 1-8 | <i>It's a pizza palooza<br/>Shake your hips</i>       | Shake your hips right and left                                                                                                             |
| 1-8 | <i>Move your feet to the funky pizza beat</i>         | Shake hips 4 counts - tap right foot out front and tap left foot out front                                                                 |
| 1-8 | <i>And now It's time</i>                              | Bounce knees and bring arms open and in front holding your ball                                                                            |
| 1-8 | <i>to decorate your pizza!</i>                        | Bounce knees                                                                                                                               |

|     |                                                                 |                                                                                                   |
|-----|-----------------------------------------------------------------|---------------------------------------------------------------------------------------------------|
| 1-8 | <i>Pour on the sauce, sprinkle the cheese</i>                   | Pound right fist down (1-2) left fist (3-4) right fist (5-6) left fist (7-8)                      |
| 1-8 | <i>Anchovies or Gummie Bears any topping you please</i>         | Pound right fist down (1-2) left fist (3-4) right fist (5-6) left fist (7-8)                      |
| 1-8 | <i>Now we're ready to cook so stand up straight</i>             | Pound right fist down (1-2) left fist (3-4)<br>Stand up straight (5-8)                            |
| 1-8 | <i>Put that pizza in the oven and let's jump while we wait!</i> | Put hands flat palms up like holding a pizza (1-4)<br>Push hands out front to arms straight (5-8) |
| 1-8 | <i>Jump, jump, jump, jump,</i>                                  | Jump 4 times pushing arms up to ceiling - on the word jump                                        |
| 1-8 | <i>Jump, jump, jump, jump,</i>                                  | Jump 4 times pushing arms up to ceiling - on the word jump                                        |
| 1-8 | <i>It's a pizza palooza<br/>Shimmy shimmy!</i>                  | Shimmy front and back                                                                             |
| 1-8 | <i>It's a pizza palooza<br/>Wiggle your knees</i>               | Wiggle knees in and out                                                                           |
| 1-8 | <i>It's a pizza palooza<br/>Shake your hips</i>                 | Shake your hips right and left                                                                    |
| 1-8 | <i>Move your feet to the funky pizza beat</i>                   | Shake hips 4 counts - tap right foot out front and tap left foot out front                        |
| 1-8 | <i>It's a pizza palooza<br/>Shimmy shimmy!</i>                  | Shimmy front and back                                                                             |
| 1-8 | <i>It's a pizza palooza<br/>Wiggle your knees</i>               | Wiggle knees in and out                                                                           |
| 1-8 | <i>It's a pizza palooza<br/>Shake your hips</i>                 | Shake your hips right and left                                                                    |
| 1-8 | <i>Move your feet to the funky pizza beat</i>                   | Shake hips 4 counts - tap right foot out front and tap left foot out front - Freeze!              |