



BUBBLEGUM BODYROCK

Hey there, do you like bubblegum? Want to do a bubblegum dance? Let's try it!

Reach your right arm up
Grab your bubblegum
Now chew it hard as you can
Reach your left arm up
Pop your bubblegum
Now do the bubblegum dance

Jump up and down
And all around
Bounce low and high
With your hands on both your thighs

Bounce Bounce, Tick Tock
It's the bubblegum rock
And we're marching while we swing and we sway
Rock right, rock left
Blow a bubble, deep breath
Then you pop it with your finger, okay
It's a bubblegum day

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Now fall to the ground - one deep breath in -- sigh it out -- great job, friends!