

dancely.

Wake Up

Clap your hands to the beat of this band, wanna hear you clap your hands
Step to the right then step to the left, yeah we're getting ready to dance
Then march, gotta lift up your knees, so let's march, wave your hands in the breeze and now
Twist, get silly with it, twist, get silly with it, twist get silly with it, freeze

Wake up wake up, gotta wake up our bodies now
Shake up shake up, all the energy that you've got inside, yeah you don't have to hide
Wake up wake up, can you show me your favorite moves and
Shake up shake up, all the energy ready to come out, that's what it's all about

Throw your hands up and throw your hands down, let your hips move all around
Hop to the front then hop to the back, yeah we're hopping to the sound
Then clap, put your hands together and clap, no matter the weather and
Twist, get silly with it, twist, get silly with it, twist get silly with it, freeze

Wake up wake up, gotta wake up our bodies now
Shake up shake up, all the energy that you've got inside, yeah you don't have to hide
Wake up wake up, can you show me your favorite moves and
Shake up shake up, all the energy ready to come out, that's what it's all about

Reach up to the sky, reach down and touch your toes
Let's all wave goodbye 'cuz we're warmed up and it shows!
Reach up to the sky, reach down and touch your toes
Let's all wave goodbye 'cuz we're warmed up and it shows!