



Classroom Preschool Dance Games

- 1. Freeze Dance to Jungle Jive** - every time the song says "now freeze, camouflage the children freeze and pretend they are animals camouflaged in the jungle.
- 2. Sticky Dance to Bubblegum Bodyrock** - have the children pretend to chew a piece of gum and stick it to their hands and feet. Then practice counting to 8 like we do in dance class. Next have them dance around the room and when you say a number they have to stay stuck the the ground in their spot and not move. You can have them "stick" on one foot or one foot and one hand to the ground.
- 3. Improv to Pirate & Princess Party** - children love to pretend and what better way to pretend than to be a pirate and/or a princess. Ask your students which part they want to play and then let them have a spotlight during that part of the song when it calls out "show me your best princess or pirate dance."
- 4. Pass the Dance Move to Broadway Bounce** - This game is great for freestyle, while also improving a child's cognitive ability. A child starts a dance step, and passes it on to the child next to him/her. The next child then adds a step of his/her own to the previous step, and passes this combined step to the next person. This goes on, and can be made more even more fun by dancing to the routine that gets created. The children have to rely on their memories, and it is best to have the kids do simple steps to include everyone.
- 5. Looking Through The Window to I'm a Little Flower** - This engaging activity encourages young children to turn out for Demi Plié: Put the dancers in three lines in the center of the room. The middle line stands, as they are going to do the Demi Plié. The front line sits and faces back. The back line sits and faces front. As the middle line does Demi Plié in First the dancers in front and back take turns saying what color flower they see in the window. After each child sitting gets a turn then you form another line to stand up and take a turn in the middle doing Demi Pliés.